



European Traditional Karate Federation

Str. Naroden Front 14, 1000 Skopje N.Macedonia

www.etkf.net email: etkfkarate@gmail.com

II. PARTICIPANTS

All athletes that are selected by the respective ITKF and JKA National Federations to compete must fulfill the following conditions:

1. They must be current member of national federation in a good standing of the ITKF and JKA.
2. Age in agreement with their competition category.
3. They must know, fully understand and be able to compete in accordance with the ITKF competition rules.
4. They must be free of any physical or mental handicap that might cause a breach of the ITKF rules.
5. All KUMITE, KO-GO and FUKU-GO athletes are obliged to wear the official ITKF KUMITE GLOVES in accordance with ITKF rules. For hygienic reasons gloves cannot be shared between athletes. Mouth (tooth) guards are also mandatory to be worn. (Breast-protection for women, groin protector for men is optional, but recommended safety equipment).
6. They must have his/her own international traveling insurance and also personal accident insurance issued by their respective National Federations.
7. They must belong to a National Federation which is a full and paid-up member of the ITKF including the year 2024.
8. Only individuals holding a valid ITKF Certified Coaches Qualification and properly registered with the Tournament Controlling Body will be allowed to represent and coach athletes during the competition.
9. They must present Medical Release and International Health Insurance to Medical Emergencies.
10. All countries must bring their national anthem (on a CD) and two national flags.



European Traditional Karate Federation

Str. Naroden Front 14, 1000 Skopje N.Macedonia

www.etkf.net email: etkfkarate@gmail.com

III. CATEGORIES

Age and competition categories

36th. ETKF OPEN EUROPEAN TRADITIONAL KARATE CHAMPIONSHIP FOR SENIORS, YOUTHS, JUNIORS and CADETS

COMPETITION CATEGORIES

CADETS / 14 – 15 years old

| | | |
|------------------------|----------------------|--|
| Individual Kata Men | No limit per country | |
| Individual Kata Women | No limit per country | |
| Fuku-Go Men | No limit per country | |
| Fuku-Go Women | No limit per country | |
| Team Kata Men | No limit per country | |
| Team Kata Women | No limit per country | |
| Individual Ko-go Men | No limit per country | |
| Individual Ko-go Women | No limit per country | |
| En-Bu Mixed | No limit per country | |
| En-Bu Men | No limit per country | |

JUNIORS / 16 – 17 years old

| | | |
|-------------------------|----------------------|--|
| Individual Kata Men | No limit per country | |
| Individual Kata Women | No limit per country | |
| Individual Kumite Men | No limit per country | |
| Individual Kumite Women | No limit per country | |
| Fuku-Go Men | No limit per country | |
| Fuku-Go Women | No limit per country | |
| Team Kata Men | No limit per country | |
| Team Kata Women | No limit per country | |
| En-Bu Men | No limit per country | |
| En-Bu Mixed | No limit per country | |
| Individual Ko-go Men | No limit per country | |
| Individual Ko-go Women | No limit per country | |



European Traditional Karate Federation

Str. Naroden Front 14, 1000 Skopje N.Macedonia

www.etkf.net email: etkfkarate@gmail.com

YOUTHS /18-20 years old

| | | | |
|-----------------------|----------------------|-----------------|----------------|
| Individual Kata Women | No limit per country | Team Kata Women | 1 team/Country |
| Individual Kata Men | No limit per country | Team Kata Men | 1 team/Country |
| Fuku-Go Woman | No limit per country | Enbu Woman/Man | 1 team/Country |
| Fuku-Go Men | No limit per country | Enbu Man/Man | 1 team/Country |
| Kogo-Kumite Women | No limit per country | | |
| Ind. Kumite Men | No limit per country | Kumite Team Men | 1 team/Country |

SENIORS, YOUNGER GROUP / 21 - 34 years old

| | | | |
|-----------------------|----------------------|-----------------|----------------|
| Individual Kata Women | No limit per country | Team Kata Women | 1 team/Country |
| Individual Kata Men | No limit per country | Team Kata Men | 1 team/Country |
| Fuku-Go Woman | No limit per country | Enbu Woman/Man | 1 team/Country |
| Fuku-Go Men | No limit per country | Enbu Man/Man | 1 team/Country |
| Kogo-Kumite Women | No limit per country | | |
| Kumite Men | No limit per country | Kumite Team Men | 1 team/Country |

SENIORS, OLDER GROUP / 35 – 49 years old

| | | | |
|-----------------------|----------------------|-----------------|----------------|
| Individual Kata Women | No limit per country | Team Kata Women | 1 team/Country |
| Individual Kata Men | No limit per country | Team Kata Men | 1 team/Country |
| Fuku-Go Woman | No limit per country | Enbu Woman/Man | 1 team/Country |
| Fuku-Go Men | No limit per country | Enbu Man/Man | 1 team/Country |
| Kogo-Kumite Women | No limit per country | | |
| Ind. Kumite Men | No limit per country | Kumite Team Men | 1 team/Country |

THE ORGANIZER HAS THE RIGHT TO MERGE THE CATEGORIES IN INDIVIDUAL OR TEAM DISCIPLINE IF THERE ARE LESS THAN 3 COMPETITORS OR THREE TEAMS IN THAT CATEGORY!



EuropeanTraditional Karate Federation

Str. Naroden Front 14, 1000 Skopje N.Macedonia

www.etkf.net email: etkfkarate@gmail.com

2nd. ETKF EUROPEAN CHILDREN CUP

"SENSEI HIDETAKA NISHIYAMA AND SENSEI MASATOSHI NAKAYAMA"

3. COMPETITION CATEGORIES

A. CHILDREN I. AGE 6-7 YEARS

| | | | |
|------------------------|----------------------|-------------------------------|----------------------|
| Individual Kata Girls | No limit per country | Team Kata Girls | No limit per country |
| Individual Kata Boys | No limit per country | Team Kata Boys | No limit per country |
| Individual Kihon Girls | No limit per country | Individual kihon – ipon Girls | No limit per country |
| Individual kihon Boys | No limit per country | Individual kihon –ipon Boys | No limit per country |

B. CHILDREN II. AGE 8-9 YEARS

| | | | |
|------------------------|----------------------|-------------------------------|----------------------|
| Individual Kata Girls | No limit per country | Team Kata Girls | No limit per country |
| Individual Kata Boys | No limit per country | Team Kata Boys | No limit per country |
| Individual Kihon Girls | No limit per country | Individual kihon – ipon Girls | No limit per country |
| Individual kihon Boys | No limit per country | Individual kihon –ipon Boys | No limit per country |

C.CHILDREN III. AGE 10-11 YEARS

| | |
|------------------------------|----------------------|
| Individual Kata Girls | No limit per country |
| Individual Kata Boys | No limit per country |
| Jiyu-Ippon-Kumite Girls | No limit per country |
| Jiyu-ippun kumite Boys | No limit per country |
| Individual Kihon Girls | No limit per country |
| Individual Kihon Boys | No limit per country |
| Team Kata Girls | No limit per country |
| Team Kata Boys | No limit per country |
| Team Jiyu-ippun kumite Boy | No limit per country |
| Team Jiyu-ippun kumite Girls | No limit per country |



European Traditional Karate Federation

Str. Naroden Front 14, 1000 Skopje N.Macedonia
www.etkf.net email: etkfkarate@gmail.com

D.CHILDREN IV. AGE 12-13 YEARS

| | |
|------------------------------|----------------------|
| Individual Kata Girls | No limit per country |
| Individual Kata Boys | No limit per country |
| Jiyu-Ippon-Kumite Girls | No limit per country |
| jiyu-ippou kumite Boys | No limit per country |
| Individual Kihon Girls | No limit per country |
| Team jiyu-ippou kumite Boys | No limit per country |
| Team Kata Girls | No limit per country |
| Team Kata Boys | No limit per country |
| Individual Kihon Boys | No limit per country |
| Team jiyu-ippou kumite Girls | No limit per country |

ETKF EUROPEAN CUP FOR CHILDREN "SENSEI HIDETAKA NISHIYAMA"

COMPETITION RULES

INDIVIDUAL KATA:

Groups A, B, C, D: eliminations, semi-finals, finals - flag system

TYPE OF KATA (individual and team):

Group A: elimination/ semi-final/ final Taikyoku, Heian 1-2-3;

Group B: elimination/ semi-final/ final Heian 1-2-3-4-5, Heian Oi Kumi;

Group C: elimination/ semi-final/ final Heian 1-2-3-4-5, Heian Oi Kumi, Bassai-Dai;

Group D: elimination/ semi-final/ final Heian 1-2-3-4-5, Heian Oi-Kumi, Bassai-Dai,

Kanku Dai, Jion, Enpi, Taiji shodan;

Team Kata: Each team will be composed of 3 contestants (1 athlete can be from the younger group).



European Traditional Karate Federation

Str. Naroden Front 14, 1000 Skopje N.Macedonia

www.etkf.net email: etkfkarate@gmail.com

KIHON KUMITE:

From natural stance must step back with Gedan-barai and start techniques from left (Hidari) stance!

GROUP A, B

GROUP C, D

| | | | |
|----------------------------|----------|----------------------------|----------|
| 1. Oi-Zuki /Jodan | forward | 1. Oi-Zuki /Jodan | forward |
| 2. Age-Uke /Gyaku-Zuki | backward | 2. Age-Uke /Gyaku-Zuki | backward |
| 3. Gyaku-Zuki /Chudan | forward | 3. Gyaku-Zuki /Chudan | forward |
| 4. Uchi-Uke /Gyaku-Zuki | backward | 4. Soto-Uke /Gyaku-Zuki | backward |
| 5. Mae-Geri /Chudan | forward | 5. Mae-Geri /Chudan | forward |
| 6. Gedan-barai /Gyaku-Zuki | backward | 6. Gedan-barai /Gyaku-Zuki | backward |
| | | 7. Mawashi-Geri /Jodan | forward |
| | | 8. Uchi-Uke / Gyaku-Zuki | backward |

THE ORGANIZER HAS THE RIGHT TO MERGE THE CATEGORIE IN INDIVIDUAL OR TEAM DISCIPLINE IF THERE ARE LESS THAN 3 COMPETITORS OR THREE TEAMS IN THAT CATEGORY!

KIHON-IPPON KUMITE GROUP A:

ATTACK: Natural stance: Gedan-barai step back in zenkutsu dachi and attack techniques from left (Hidari)

DEFENSE: Heiko (Yoi) dachi

1.

ATTACK: AKA - Oi-tsuki (jodan)

DEFENSE: SHIRO - Age-uke counter attack: Gyaku-Tsuki-Chudan

2.

ATTACK: AKA - Oi-tsuki (chudan)

DEFENSE: SHIRO - Soto-uke counter attack: Gyaku-Tsuki-Chudan

3.

ATTACK: AKA - Mae-geri (chudan)

DEFENSE: SHIRO - Gedan-barai counter attack: Gyaku-Tsuki-Chudan



European Traditional Karate Federation

Str. Naroden Front 14, 1000 Skopje N.Macedonia

www.etkf.net email: etkfkarate@gmail.com

KIHON-IPPON KUMITE GROUP B:

1.

ATTACK: AKA - Oi-tsuki(jodan)
DEFENSE: SHIRO -Age-uke counter attack: Gyaku-Tsuki-Chudan

2.

ATTACK: AKA - Mae-geri(chudan)
DEFENSE: SHIRO - Gedan-barai counter attack: Gyaku-Tsuki-Chudan

3.

ATTACK: AKA - Mawashi-geri(chudan)
DEFENSE: SHIRO -Uchi-uke counter attack: Gyaku-Tsuki-Chudan

JIUY IPPON KUMITE Group C and D:

ATTACK: Kizami-Tsuki-Jodan, Oi-Tsuki-Jodan, Gyaku-Tsuki-Chudan, Mae-Geri-Chudan, Mawashi-Geri-Jodan;

*IN FINAL MATCHES ONLY - plus RENZOKU-KOGEKI-WAZA: Kizami-Tsuki-Jodan - Mawashi-Geri-Jodan - Uraken-Uchi-Jodan - Gyaku-Tsuki-Chudan.

DEFENSE: ONLY -Uke-waza, counter attack: Gyaku-Tsuki-Chudan

ATTENTION:

1. AN ATHLETE CAN PARTICIPATE IN INDIVIDUAL CATEGORIES ONLY IN HIS AGE CATEGORY.

IF HE PARTICIPATES IN TEAM CATEGORY FOR AN OLDER AGE GROUP, HE CANNOT PARTICIPATE IN THE SAME TEAM CATEGORY IN HIS AGE GROUP!

Example: one cadet athlete can participate in individual categories for cadets. He can participate in team kata for juniors. In this case he cannot be part of team kata cadets.

4. APPLICATION AND REGISTRATION

a) Applications

Dear athletes, since, we have very little time - we are kindly asking all participants (Officials, Athletes, Coaches and Judges) to apply their applications latest by **April 1, 2024**. Thank you for understanding in advance.



European Traditional Karate Federation

Str. Naroden Front 14, 1000 Skopje N.Macedonia

www.etkf.net email: etkfkarate@gmail.com

The registration must include:

1. Details of all Officials, Coaches and Judges;
2. Details of all Athletes including respective competing categories;
3. Digital passport size photo for each Official, Coach, Judge and Athlete;
4. Registration fees, accommodation and transport for all participants can be paid to the T.O.C. - MTKF bank account no. IBAN MK07200001009648354, SWIFT STOBMK2X Stopanska Banka Skopje, North Macedonia
5. Once again please send all your applications latest by **April 1, 2024**.

PARTICIPATION FEES

EUR 25, 00 - per person, per individual category

EUR 30, 00- for En-Bu

EUR 30, 00- for Kata team

EUR 30, 00- for Kumite team

ACCOMODATION

Accommodation for all delegations (athletes, judges, official) will be in the following hotel:

HOTEL CONTINENTAL - **50 euros** in single room per night with HB breakfast & dinner included

HOTEL CONTINENTAL - **45 euros** in double room per person per night with HB breakfast & dinner included

HOTEL CONTINENTAL - **45 euros** in triple room per person per night with HB breakfast & dinner included

In case you decide to book a hotel yourself, the organizer will charge a fine of 15 euros from each participant.

IV. APPLICATIONS & REGISTRATION

A. Applications

Therefore, we kindly ask all National Federations to complete all registration of their Officials, Athletes, Coaches and Judges and send them on Application Forms by **1 April 2024**.

B. Registration

All registration has to be sent on the Application Forms to e-mail:

The registration must include:

1. details of all Officials, Coaches and Judges
2. details of all Athletes including respective competing categories
3. digital passport size photo for each Official, Coach, Judge (athlete photo is not required)
4. All to be done by **1 April 2024 deadline!!!**

Please help us run this complex operation smoothly by observing the deadline.



European Traditional Karate Federation

Str. Naroden Front 14, 1000 Skopje N.Macedonia
www.etkf.net email: etkfkarate@gmail.com

V. SCHEDULE OF EVENTS

18 April 2024 (Thursday) Arrivals (Officials, Judges, Athletes)

19 April 2024 (Friday) ITKF Judges' Refresher Course
At Hotel CONTINENTAL-Skopje

PLEASE HAVE IN MIND THAT JUDGE REFRESHER COURSE IS MANDATORY FOR ALL JUDGES THAT WISH TO JUDGE AT THE CHAMPIONSHIP

..... ETKF Board of Directors Meeting-Hotel CONTINENTAL-Skopje

..... ETKF General Meeting - Hotel CONTINENTAL-Skopje

..... Drawing - Hotel CONTINENTAL-Skopje

Place: Tournament Registration Office - Hotel CONTINENTAL-Skopje

20 April 2024 (Saturday)**2nd. ETKF OPEN EUROPEAN CHILDREN CUP**

"SENSEI HIDETAKA NISHIYAMA and SENSEI MASATOSHI NAKAYAMA"

Eliminations/semifinals/finals start 10.00 am

Place: Sport Hall JANE SANDANSKI

21 April 2024 (Sunday)**36th. ETKF OPEN EUROPEAN TRADITIONAL KARATE CHAMPIONSHIP FOR SENIORS, YOUTHS, JUNIORS and CADETS**

Eliminations/semifinals/finals start 10.00 am

Place: Sport Hall JANE SANDANSKI

OPENING CEREMONY 2.00 pm

Place: Sport Hall JANE SANDANSKI

22 April 2024 (Monday) Departure



EuropeanTraditional Karate Federation

Str. Naroden Front 14, 1000 Skopje N.Macedonia
www.etkf.net email: etkfkarate@gmail.com

VI. TOURNAMENT REGISTRATION AND ACCREDITATION

A. DATES AND TIMES:

18-19 April 10.00 a.m.-10.00 p.m.

B. PLACE: Tournament Registration Office at **Hotel CONTINENTAL-Skopje**

VII. PLACEMENT OF THE DRAWING

A. DATE AND TIME:

19 April (Friday) 7.00 p.m. - 10.00 p.m.

PLACE: Tournament Registration Office – at **Hotel CONTINENTAL-Skopje**

B.

PLACEMENT DRAWING NOTE:

All Coaches are required to attend the Draw to confirm that the names and categories of their Athletes are correctly placed before the Draw begins.

No changes or additional inclusion of competitors will be accepted after the drawing.

VIII. JUDGES

Selection of the Judges will be made by the ETKF Technical Committee chairman Dr. Vencislav Nedev 9 dan, during the ETKF Judges Refresher Course held at Hotel Continental right before the ETKF European Championship and cup on 19 April 2024 (Friday).



European Traditional Karate Federation

Str. Naroden Front 14, 1000 Skopje N.Macedonia
www.etkf.net email: etkfkarate@gmail.com

1. Judges participating in this event have to be ITKF Registered Qualified Judges (class A, B, C) who have participated in the Judges' Refresher Course held before the tournament and completed the ITKF Judges' Refresher Course held in 2024.
2. Each judge candidate must submit the application form, fee and passport size photograph for the Judges' Refresher Course by **1 April 2024**.

All Judges must bring their own HAKAMA (black), whistle and clean KARATEGI.

IX. CONTACT INFORMATION

All communication between National Federations and the T.O.C. should be done through:

- Dr. Dejan Nedev, ETKF President, email: nedevdejan@gmail.com, mob. +38970265709.
- our website: www.etkf.net
- our e-mail: etkfkarate@gmail.com
- Our cell phone: +38970265709

If we can be of any further assistance or if you have any further questions, please don't hesitate to contact us through our website or e-mail. Update information regarding the Championship can be also found on the website.

CONFIRMATION OF PARTICIPATION

All countries planning to participate in the 36st. ETKF OPEN EUROPEAN OPEN TRADITIONAL KARATE CHAMPIONSHIP FOR SENIORS, YOUTHS, JUNIORS and CADETS are requested to send the confirmation of participation by 1 April 2024 to e-mail: etkfkarate@gmail.com

Please write only general confirmation without details as regards number of participants etc.

Thank you in advance for your cooperation!

We are looking forward to seeing you in Skopje.

D-r Dejan Nedev
ETKF President